

Bring a Friend Week

Includes age 4 + years in classes with less than 8 enrolled!

Week of: _____

All Star Gymnast's Name: _____

Day: _____ Class: _____

★ Friend's Name: _____

Friend's Address: _____

Friend's Phone # _____ Age _____ (must be class appropriate)

I am aware there are risks associated in participation in any sport or physical activity and agree not to sue or hold All Star Sports Centre or its staff liable for any injury or accident while participating.

Parent's Signature _____ Date _____

Please present this form to the coach before the class start time. Friends will watch the majority of the class and then be invited to join in during the last 10-15 minutes of the class to participate in a trampoline, floor circuit, jungle for pre-schoolers or a fun game on the floor!

What to Wear: Bodysuit or shorts & a T-shirt, barefeet, long hair tied back

★ Must not currently be an All Star member

